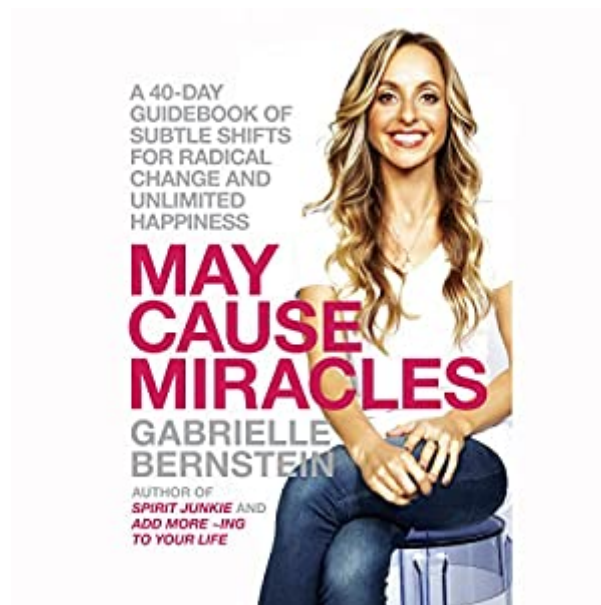




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# May Cause Miracles: A 40-Day Guidebook Of Subtle Shifts For Radical Change And Unlimited Happiness



## Synopsis

From the popular and exciting author of *Spirit Junkie* and *Add More ~Ing to Your Life* comes this practical and fun 40-day guidebook of subtle shifts for radical change and unlimited happiness. Are you ready to work miracles? Gabrielle Bernstein believes that simple, consistent shifts in our thinking and actions can lead to the miraculous in all aspects of our daily lives, including our relationships, finances, bodies, and self-image. In this inspiring guide, Gabrielle offers an exciting plan for releasing fear and allowing gratitude, forgiveness, and love to flow through us without fail. All of which, ultimately, will lead to breathtaking lives of abundance, acceptance, appreciation, and happiness. With *May Cause Miracles*, listeners can expect incredible transformation in 40 powerful days: simply by adding up subtle shifts to create miraculous change.

## Book Information

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## Customer Reviews

I'm a big fan of Gabby's. I have read her other books and followed her on her site and social media for years. I had the release of this book set on a countdown on my phone. I couldn't have been more excited for it...Maybe that was the problem. Maybe because I have read her other books, *May Cause Miracles* read like *May Cause More Of The Same*. I just felt like I was reading her first two books all over again with a (very basic) guide added on. It's definitely geared towards those who are beginners on their spiritual path. The 40 Day guide is a great start for beginners, but wasn't what I was looking for, as I've also done similar and more in-depth daily guides in such books as *ACIM* (of which Gabby is an admitted student), *The Magic*, and others. I was hoping for something new and

fresh, considering this is only Gabby's third book... But i do acknowledge that maybe that's unfair and I was hoping for too much, and that those are simply MY expectations, which isn't a reflection of the book itself. However, I don't think it's reaching too far to expect some new material from a relatively new author. Some clearly disagree with me on this, they're okay with reading the same thing repeatedly. That's fine. I just wish I had known before I paid full price for it. I still like Gabby and will continue to follow her and watch her growth and draw inspiration from her. And I look forward to her future, and hopefully new, publishings. For those who are new to the self-help section, or for those looking for reinforcement material on Gabby's previous two books and A Course In Miracles... This book is a good start.\*Edited To Add\* - READ BEFORE BUYING BASED ON REVIEWS\*I find many of these reviews on this book and comments made on my review disheartening. A large portion of the 5 star reviews are written by unverified users who have only ever written a review for this book or just of books under this publishing company. A couple of reviews even claim to have completed and been transformed by the FORTY DAY guidebook on January 1st and 2nd... When the book was released on January 1st. I do believe in miracles, but I also believe in reality and I know it's not possible to complete a 40 day workbook properly in 1 day and be transformed. Faking ratings to boost sales is not a new marketing scheme, but very disheartening with this book if that is the case. If you're publishing a book on "miracles" and "trusting in the universe", perhaps you should believe in what you're publishing before you run it through the marketing mill and take people's money. Considering that this book really is just a rewrite of Gabby's other two books and the hypocritical marketing along with it, I half feel like lowering the rating to one or two stars. But I will not because the contents of the book remain the same and I believe in the message. I now just question the sincerity behind the words. Perhaps the marketing team should believe in miracles, too. Conclusion: Be wary of purchasing this book based on the glowing reviews alone. If you are drawn to this book, give it a try. Just don't be deceived by marketing schemes.

Positive thoughts and reflections for 40 days. However if you want to listen to the meditations, you have to purchase them separately :(

This book amounts to the Cliff Notes for the book "A Course In Miracles". She basically takes the quotes from this book and gives you a little daily exercise based on that quote. I was very disappointed. I feel like I could have written this myself.

Don't like the -ing thingy she likes so well. I guess I'm not hip enough. Plus the whole "rocks" thingy. But she is a very positive person, I'll give her that. I like a little more seriousness to my books unless they are comedies. She is a little new agey and the writing is a little simple and now I feel I'm being too harsh. I do really really really like her on youtube. I think with maturity and more age she may grow as a writer and be less young adult like...uggghh...sounds awful...this may be yet another review I delete the next day....

I downloaded this book to my Kindle app like 2 years ago and read about 2 pages of it, closed it up and didn't look at it again until about a month ago. And boy am I glad that I decided to give it another try!!! I really liked having the audio version but I would have loved it without the narration too. Gabby is so inspiring and teaches some great points on love that everyone can benefit from! I have read two of her books now and I don't plan on stopping there!! I would recommend this book anyone who is starting a spiritual journey or those who just need a reminder of why your on the journey- sort of a refresher or fresh prospective!

I loved her other books, but this seems...I don't know, like she's strayed a bit. I lost interest after the second or third day, I can't even remember to be honest. It was just boring and it seemed like her intentions were off. Maybe it was seeing that picture of her on her website with her eyes closed front and center of some sort of class with a bunch of people with their eyes closed. What are you a guru? LOL, I just can't take it seriously. I kept having to remind myself to approach it with love and understanding and thought, "wait a minute, why am I working this hard?" I don't know, I have a lot of work to do on myself, but I'm not sure this is the way for me. See if you can borrow it first before you outright purchase it. Update: May 15th, 2013 So I tried to give her another shot, despite receiving her self-centered annoying email about how to respond to negative criticism a few days before giving it another go. I can't even get through the first day! It's not a book the consumer, it's a book for her. It's not meant to help anyone as much as it is her homework. I don't know if that makes any sense, but to put it another way, it seems like this is a project for her to get some sort of training certificate. It just seems like it's written because someone told her to do it, or so she can get another qualification stamp. It's really boring and her tone comes off as disingenuous. I am going to read a course in miracles though, since she quotes it on every page, every exercise.

The book is ok but not as good as The Universe has your back. The links to the audio versions of her meditations are not very user friendly to get to and asked for payment to proceed. Not sure if I

followed the correct links especially after having already bought the book.

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